

# Women in the Real World



Why are so many women unhappy with the way they look?

Might some women's depression be a reaction to oppression?

Who defines what it is to be a good mother?

Why do some women stay with, whilst others leave, violent men?

Have women historically been seen as either mad, bad or sad?

**Who is the group for?** The group is for women who are interested in exploring questions such as these and others. The group is limited to 14 people and places will be allocated on a first come, first serve basis.

**Where:** Committee Room, Wellington Civic and Leisure Centre, Larkin Way (off Tan Bank), Wellington, Telford

**When:** The group will run on Tuesdays for 8 weeks, starting on Tuesday, 8th February 2011 to Tuesday, 29th March 2011, from 11:30am to 1:30pm.

**Who are we?** The group will be facilitated by Fiona Glenn and Zounish Rafique, clinical psychologists who work locally. Zounish is able to speak Urdu and Punjabi fluently. We are keen to have as diverse a group as possible.

**Cost:** There is no charge for attending the group.

**For further information or to join:** Contact Fiona via email on [f.glenn@nhs.net](mailto:f.glenn@nhs.net) or Zounish on [zounish.rafique@nhs.net](mailto:zounish.rafique@nhs.net), or call them on 01952 381640.